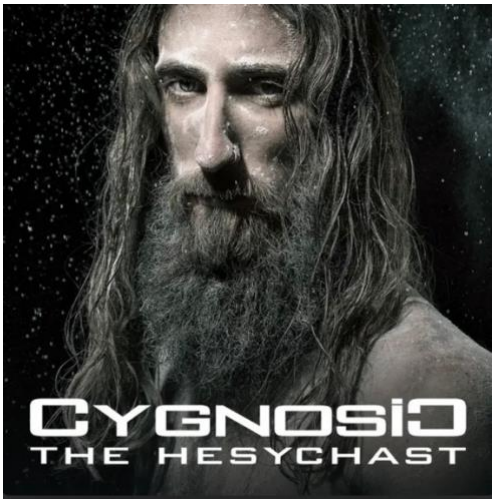
SEEKING SOLITUDE – *about the new single by CygnosiC*

In today's world, with all its noise, more and more people are drawn to solitude. The pace of life, the constant activity and the pressure to give ever more weigh so heavily on many that they threaten to break them. Withdrawal from society is evident not only in the phenomenon of hikikomori; it is also central to CygnosiC's new track.

At the heart of the new song by Georgios Psaroudakis, better known as CygnosiC, is a hesychast, an Orthodox monk who seeks dialogue with God in solitude. The word itself derives from ήσυχία (isychía), meaning stillness or quiet. The song's speaker thus consciously seeks this solitude, knowing that his actions remain unseen and his thoughts unspoken.

The chorus strikes a defiant note: 'They'll never see me broken.' The track traces the monk's entire journey, from his decision to withdraw into solitude to his confident declaration that they will not see him as a broken man.

"*The Hesychast*" opens the world of a new album. Its themes are both timely and timeless. The rejection of normativity typical of the scene is reflected here in the story of a monk seeking his own path to peace.



Picture: Spotify cover

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